

Welcome Home



North Carolina Outward Bound

For over 20 years, Outward Bound has run wilderness expeditions specifically designed for war veterans. Outward Bound draws on the healing benefit of teamwork, challenge, friendship and the natural world to help with transitions back into life at home whether you have retired from the military or are home between deployments.

Now, through generous funding, this tremendous opportunity for adventure, challenge and self-discovery is available **TUITION FREE*** to Veterans and Service Members!

These programs are designed to be fun, fast and challenging. They are suited for those in good physical condition and are opportunities for Veterans and Service Members to:

- Take a break from their busy lives
- Challenge themselves in new ways
- Develop skills that will assist them in re-adjusting to life at home
- Candidly discuss obstacles faced by Veterans and Service Members
- Rediscover their physical and emotional strengths
- Enjoy a unique and inspiring adventure surrounded by fellow Veterans and Service Members in the beauty of the country for which they have served

*COMMITMENT FEE: Veterans and Service Members must place a credit card number on file at the time of their enrollment. Veterans and Service Members will be charged a \$250 Cancellation Fee Penalty ONLY if they cancel 30 days or less prior to their program start. If a Service Member is on active duty or a member of the National Guard or Reserves and receives orders to deploy, the Cancellation Fee will be waived.

TRAVEL COSTS: North Carolina Outward Bound covers the cost of Veterans and Service Members travel to and from course.

For more details or to enroll call Veterans and Service Members Program Manager **Matthew Rosky** at **1-866-699-6262** or visit **www.ncobs.org/veterans**.



We're Getting Veterans and Service Members Outward Bound!



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W E R E G E T T I N G V E T E R A N S A N D S E R V I C E M E M B E R S O U T W A R D B O U N D

We're Getting Veterans and Service Members Outward Bound!



North Carolina Outward Bound

2582 Riceville Road
Asheville, NC 28805

In association with:



North Carolina
www.uso-nc.org

North Carolina - Mountains



Courtesy Diana Belknap and Josh Harris

North Carolina - Mountains Backpacking and Rock Climbing

Create bonds and lasting camaraderie with fellow Veterans and Service Members in the breathtaking Blue Ridge Mountains of North Carolina. Your crew of 8 to 12 Veterans and Service Members offer support and encouragement, and find laughter in the great adventure of Outward Bound! Celebrate success from high atop a mountain, test balance on a high ropes course and reconnect with your inner strength and joy. This wilderness experience is 6 days long and participants learn many skills including map and compass navigation, backcountry camp craft, Leave No Trace ethics and the natural history of the Southern Appalachians.

Available Dates:

- NVT121:** April 28th – May 3rd, 2012
 - NVT1210:** May 14th – May 19th, 2012
 - NVT124:** July 4th – July 9th, 2012
 - NVT126:** September 1st – September 6th, 2012
 - NVT1211:** September 10th – September 15th, 2012
 - NVT127:** October 15th – October 20th, 2012
- Program starts in Charlotte or Asheville, North Carolina



North Carolina - Outer Banks



North Carolina - Outer Banks Sea Kayaking

Explore the Cape Lookout National Seashore by kayak. Join 8 to 11 other Veterans and Service Members as you navigate the Core and Pamlico Sounds. The unique ecosystem of the Outer Banks is made up of ocean waters, sandy beaches, vital wetlands, maritime forests, and a series of sounds, estuaries and salt marshes. The coastal winds of the Outer Banks still carry tales of The Lost Colony, the Wright Brothers and Blackbeard the Pirate, who made his home on Ocracoke Island. This program is 7 days long. Participants will learn maritime navigation skills, sea kayak expedition planning, maritime weather forecasting, Leave No Trace ethics and the history of the Outer Banks.

Available Dates:

- OVT122:** May 6th – May 12th, 2012
 - OVT123:** June 3rd – June 9th, 2012
 - OVT125:** August 12th – August 18th, 2012
- Program starts in New Bern, North Carolina



Florida - Everglades



Florida - Everglades Coastal Canoeing

Discover camaraderie and fun on the Everglades “River of Grass”; the largest subtropical wilderness area in the United States. This unique and breathtaking ecosystem creates an adventurous, challenging environment for paddlers and is sure to get the adrenaline pumping. This program is 6 days long. Along with 8 to 10 fellow Veterans and Service Members, you will navigate through mangrove tunnels, observe native marine life unique to the Everglades and learn maritime navigation, canoeing skills, Leave No Trace Ethics and the history of the area.

Available Dates:

- FVT128:** December 2nd – December 7th, 2012
 - FVT129:** December 10th – December 15th, 2012
 - FVT131:** February 18th – February 23rd, 2013
 - FVT132:** March 9th – March 14th, 2013
 - FVT133:** February 28th – March 5th, 2013
- Program starts in either Ft. Myers or Miami, Florida

